

BUC Children's Activities

5 July 2020

Matthew 11: 25 – 30

Hello!

Here are two activities that you might like to do to help you remember this week's story from the Bible.

In Matthew 11 verse 28 Jesus says, "Come to me all you who are weary and burdened, and I will give you rest."

You may say prayers before you go to bed. This is a great time to say thankyou for all the good things that have happened to you during the day and it is also a good time to talk about the things that have troubled you. In talking to Jesus about these things you will rest much more easily and get the sleep you need to enjoy the day ahead.

The first activity is to make a little bed to remind you of this.

You will need

- An empty matchbox, or other small box

- two rectangles of cardboard to fit the ends of the matchbox

- a piece of fabric for a blanket (I used printed felt)

- ½ a tissue for a sheet and pillow

- a small strip of cardboard for a sleeping person

- a small amount of wool for hair

- glue to stick ends of the bed and the fabric

- (I used low melt glue gun for the bed ends and glue stick for the felt but craft glue would work well)

- scissors, felt pen

Put it all together so it looks a bit like this!

