

# Blackwood Uniting Church

## Family Ministries

### Activities for Sunday 16 August

Hi there!

The activities for this week are based on the Bible reading Matthew 15: verses 10-11. Jesus is speaking to the crowd. He says *"Listen and understand. What goes into a man's mouth does not make him unclean but what comes out of his mouth that is what makes him unclean."*

The activity picks up on these ideas. We, however, will be talking about good things to go into our mouths but even better the kind, encouraging words that can come out of our mouths.



You will need:

- A printout of the cube net. I printed on light cardboard to make a stronger cube.
- A print out of the stencil for the things to go in and come out of the mouth
- Pictures of food from supermarket catalogues or internet.
- scissors
- coloured pencils
- glue stick

What to do:

1. Cut out the cube. Now cut a slit in the black section in the centre of the mouth. Colour the mouth. Fold on the lines. Assemble the cube. Glue the tabs leaving one side unglued and open.
2. Cut out the rectangles and speech balloons on the second stencil. Cut out small pictures of good food from the catalogues or print some from the internet. Glue these onto small the rectangles (these may need a trim to pass through the mouth).
3. Think about words that are kind. Write on the speech balloons.
4. You can put the good food into the mouth.
5. Put all the kind words inside the cube. Push them through the mouth.
6. Chat about why the food that was chosen was good for the body. Chat about the effect of your kind words on other people.

Have fun!

Mouth clipart: <https://www.icon0.com/123rf-photo/pop-art-comic-lips-cartoon-133489002.html>